

**From:** Dani <danibaker@crossislandfarms.com>  
**Sent:** Thursday, November 20, 2025 4:30 AM  
**To:** danibaker crossislandfarms.com  
**Subject:** November News from Cross Island Farms and The Enchanted Edible Forest

**Follow Up Flag:** Follow up  
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## NOVEMBER GREETINGS FROM CROSS ISLAND FARMS



## HOW DO VEGGIES GET SWEET



Harvested this month carrots, parsnips, and Brussels sprouts become sweeter as the weather cools as they convert starch to sugar, a natural antifreeze..



## WHAT ARE THE COWS EATING



After we harvested the Brussels sprouts the cows got to feast on the leaves, tops and stalks. We try to recycle everything we can.



## WHY IS DAVE DRESSED LIKE THIS





This time of year Dave spends time gathering firewood. Dressed in protective gear he is cutting a dead elm tree into woodstove-sized lengths which he will then split into smaller chunks.

## **WHAT'S IN A LEAF**



In mid-November almost all the leaves have fallen. Wherever they fall, the delicate fronds of the black locust deliver nutrients accumulated over the growing season including nitrogen, potassium and calcium. Once digested by the soil life, these leaves provide sustenance to nearby plants.

## **WHERE IS DANI SCHEDULED TO SPEAK OR TABLE**



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**In Person: Table at the Thousand Island Arts Center's  
Elves' Fair**

Saturday, December 6, from 10 a.m. - 3 p.m.

314 John St, Clayton, NY

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**In Person: Talk at NOFA/NY Winter Conference**

SUNY Purchase, Saturday, January 10

**"Perennial Vegetables that Sustain Themselves"**

735 Anderson Hill Road **Purchase**, NY 10577

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**In Person: Talk at NOFA/VT Winter Conference**

, Saint Michael's College, Saturday, February 14

**"Perennial Vegetable that Sustain Themselves"**

Colchester, Vermont



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**SAVOR THE SUBTLE SHADES OF THE SEASON**



**AND  
HAVE A HAPPY THANKSGIVING HOLIDAY**

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Dani Baker  
Owner [Cross Island Farms](#) | Creator [The Enchanted Edible Forest](#) | Author [The Home-Scale Forest Garden: How to Plan, Plant and Tend a Resilient Edible Landscape](#)

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