

JUNE GREETINGS FROM CROSS ISLAND FARMS



WHO WAS JUST BORN



Mom hovers protectively over her new born calf who is so fresh he has yet to stand up. That makes three calves born so far this season! We are expecting three more.

WHAT'S READY TO PICK IN THE EDIBLE FOREST



This row of honeyberries is covered with insect netting in hopes that birds will not enter and eat the berries before they are ripe enough to pick. The bushes have been netted for almost three weeks AND SOME ARE READY TO PICK NOW! If you would like to harvest some, call 315-482-3663 or email danibaker@crossislandfrms.com to make your U-Pick appointment. Honeyberries are delicious and can be used any way you use blueberries.

WHAT FLOWERS ARE GOOD TO EAT





It's surprising how many familiar (and unfamiliar) flowers are edible. Just a sampling left to right includes tulips, roses, chive flowers, purple rose locust, sweet William and peonies. When you come to pick berries you can pick edible flowers as well!

HOW DO WE EAT TURKISH ROCKET

Turkish rocket is a perennial vegetable that you plant once and it comes up year after year. It even self-seeds to create more plants. .



You can eat the leaves that appear in early spring either raw or cooked.



You can eat the flower buds prepared like broccoli Raab



And you can even eat the flowers mixed in salads or used as a garnish as in :



WHO'S VOLUNTERRING





Vasuda Kapoor visited the farm for a week early this month. A Research Scientist living in New York City, she wanted to experience farm life and possibly transition to an agriculture-related career. Above she is laying drip tape in a row of vegetables, hoeing between potato rows, and preparing a traditional Indian dish decorated with Turkish rocket flowers shown above.

WHERE IS DANI SCHEDULED TO SPEAK OR TABLE



In Person: The Northeast Growing Together conference
Wednesday, September 16
Growing Native Perennial Fruits and Berries
Rodale Institute, Kutztown, PA

In person: Adirondack Harvest Festival
Saturday September 19
Westport, NY

WHAT DO YOU SEE OUTSIDE YOUR WINDOW



Dani Baker

Owner [Cross Island Farms](#) | Creator [The Enchanted Edible Forest](#) | Author [The Home-Scale Forest Garden: How to Plan, Plant and Tend a Resilient Edible Landscape](#)

44301 Cross Island Road
Wellesley Island, NY 13640
danibaker@crossislandfarms.com
315-482-3663



Copyright © *2022* *|Cross Island Farms|*, All rights reserved.

Our mailing address is:

The Enchanted Edible Forest at Cross Island Farms
44301 Cross Island Rd
Wellesley Island, NY 13640-4157

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

