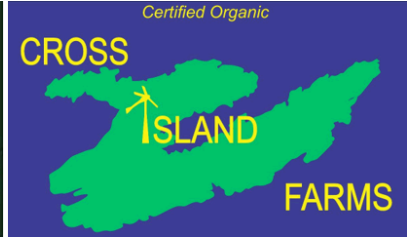


JULY GREETINGS FROM CROSS ISLAND FARMS



WHERE ARE THESE BABY BIRDS



Baby Sparrows nesting above our back door are almost old enough to leave their nest.

WHERE'S THE BEEF



We just loaded our freezer with fresh USDA inspected cuts of our organically raised, Certified 100% Grass-fed beef.. Please call ahead if you want to purchase some at the farm to be sure someone will be home to help you.

WHAT'S READY TO PICK IN THE EDIBLE FOREST



The berry picking season is upon us. We have ripe raspberries and red, pink and black currants and gooseberries. If you would like to harvest some, call 315-482-3663 or email danibaker@crossislandfrms.com to make your U-Pick appointment. Or if you'd rather have me pick them, please let me know so I can pick them to order.

WHAT'S BLOOMING IN THE EDIBLE FOREST



Elderberries are in full bloom this month. The flowers are edible and can be fried in batter, or made into a syrup or liqueur. The berries, which will ripen later this month and into August, are great for pies, jams and wine and can also be used medicinally in a syrup or tincture to boost the immune system. Birds love the berries, too.

WHEN IS IT TIME TO PICK THE GARLIC



There are two kinds of garlic: hard-neck that has flower heads called scapes, and soft neck , the kind you can braid, The hardneck garlic is ready to pick when the tips of six of its leaves have turned brown. The softneck is ready when half of the plants have fallen over. Above is just-picked "Music" hardneck garlic for sale at our stand inside the front porch.

WHO'S VOLUNTEERING



Amara Ninan, a long-time family friend, and her friend, Emmelyne Diep, spent their vacation on the farm in early July. Among the chores they performed was thinning tree fruit: pears and Asian pears. Removing the flawed, infested and

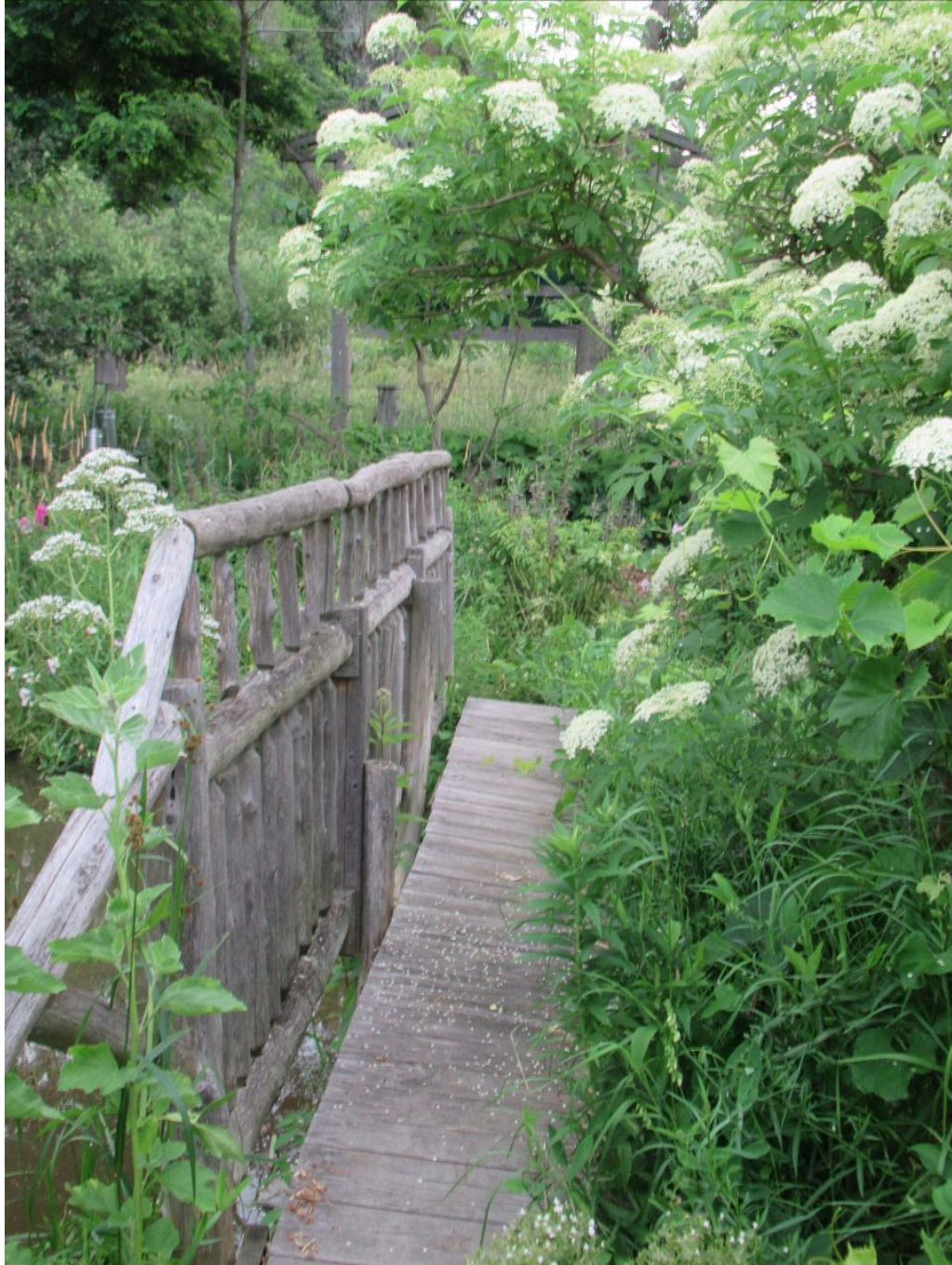
smallest fruits and leaving the largest unblemished ones makes for a superior harvest when the fruit ripens in late summer or fall..

WHERE IS DANI SCHEDULED TO SPEAK OR TABLE



**In Person: The Northeast Growing Together conference
Wednesday, September 16
Growing Native Perennial Fruits and Berries
Rodale Institute, Kutztown, PA**

**In person: Adirondack Harvest Festival
Saturday September 19
Westport, NY**



A WALK INTO NATURE IS SO RENEWING!

Dani Baker

Owner [Cross Island Farms](#) | Creator [The Enchanted Edible Forest](#) | Author [The Home-Scale Forest Garden: How to Plan, Plant and Tend a Resilient Edible Landscape](#)

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