

FEBRUARY GREETINGS FROM CROSS ISLAND FARMS



HOW DO WE DO WINTER CHORES





Every morning someone needs to make sure the animals have water, feed the pigs and chickens, and bring fresh hay to the goats and cows. Another important chore is to put seeds and suet in the bird feeders and check to see if the hens have laid any eggs to collect before they freeze.

WHAT'S GROWING INDOORS



About a month ago we planted onions, leeks, kale, collards, and Brussels sprouts, and grew them under lights in the living room. These hearty vegetables can be planted out as soon as early April if the ground is unfrozen.

WHO'S VOLUNTEERING



Volunteer Anna Xu has officially spent a month here at Cross Island Farms. One of the many skills she has acquired is cross country skiing.

WHAT'S COOKING



On a frigid winter's day, it's nice to spend time in a warm kitchen. We made some hearty chicken soup and chili. For the chicken soup, we boiled one of the farm's organic chickens until it fell off the bone. Then we added vegetables, rice and spices, and voila!

For the chili, we sauteed some red onions, garlic, peppers, and jalapeños (all from the garden), added a pound of organic beef, some of the farms' frozen tomatoes, and some kidney beans and let that simmer for 20 minutes.

AND FOR DESSERT...



Using the fruits of summer, we made raspberry pie. This no-bake recipe requires a quart of frozen raspberries (preferably organic), some cornstarch dissolved in water, and sugar. Let the mixture simmer in a pan until thick, then pour it into a graham cracker pie crust. Chill and serve with whipped cream for an extra treat.

WHERE IS DANI SCHEDULED TO SPEAK



Zoom: Saratoga Springs Public Library

March 4, 2025 6 p.m. - 7:30 p.m.

Native Perennial Food Plants for Your Edible Landscape

In Person: Minna Anthony Nature Center

May 16, 2025 6:00 p.m.

Food-Producing Trees



THINK SPRING
